

## The Centers for Medicare and Medicaid Services: SUPPORT Act Section 1003 Grant

# SUPPORT ACT GRANT MONTHLY STAKEHOLDER MEETING DECEMBER 14, 2020

Department of Medical Assistance Services

The Virginia Department of Medical Assistance Services (DMAS) SUPPORT Act Grant projects are supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$4,836,765 with 100 percent funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. Government.



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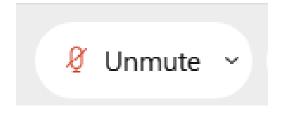
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## **Welcome and Meeting Information**

- We have an 'open' meeting format to allow participation and questions
- Please make sure your line is muted if you are not speaking
  - We will mute all lines if there is a lot of background noise
- If you are having issues with audio, please type questions or comments in the chat box.

## **How to Mute and Unmute in WebEx**



When the microphone icon looks like this, you are **muted** 



When the microphone icon looks like this, you are unmuted

Everyone is muted at the beginning of the webinar – when you are ready to ask a question, please click the red microphone button to unmute. When you are finished, please click it again to mute your line.

## Agenda

ltem	Time
Webinar Set up	10:00 - 10:05
Welcome and SUPPORT Act Grant Overview	10:05 - 10:10
SUPPORT Act Grant Updates	10:10 - 10:20
Enhancement of Medicaid Behavioral Health Services	10:20 - 10:30
Medicaid Data Analysis: Naloxone Access	10:30 - 10:40
Health Brigade Harm Reduction	10:40 - 11:00
Break	11:00 – 11:05
Mount Rogers Health District Harm Reduction	11:05 – 11:35
Peers Resources	11:35 – 11:45
Q&A	11:45 - 11:55
Next Steps	11:55 – 12:00

## **Overview of SUPPORT Grant Initiatives**

Notice of Award: September 18, 2019

**Period of Performance**: September 30, 2019 to September 29, 2021 (18 months + 6 month no cost extension)

**Approved Budget**: \$4.8 million **Components** 

- 1. Need assessment
- 2. Strengths-based assessment
- 3. Activities to increase provider capacity



## **SUPPORT Act Grant Overview**

## Virginia Medicaid's SUPPORT Act Grant Goals:

- Learn from Addiction and Recovery Treatment Services (ARTS) program
  - Appreciate successes
  - Learn from challenges
- Decrease barriers to enter workforce
- Focus on specific subpopulations
  - Justice-involved
  - Pregnant and parenting members
- Maintain our core values
  - Person-centered, strengths-based, recovery-oriented



## **Grant Team**

- Alyssa Ward, Ph.D., LCP, Director, Division of Behavioral Health
- Ashley Harrell, LCSW, Project Director & ARTS Senior Program Advisor
- Jason Lowe, MSW, CPHQ, Grant Manager
- Christine Bethune, MSW, Grant Coordinator
- Paul Brasler, MA, MSW, LCSW, Behavioral Health Addiction Specialist
- John Palmieri, Data Analyst
- Tiarra Ross, Budget Analyst
- Trenece Wilson, Policy and Planning Specialist
- Adam Creveling, MSW, CPRS, Grant Program Specialist



## SUPPORT ACT GRANT UPDATES DECEMBER 2020



### **Projects Update**

- Medication Assisted Treatment/Peer Recovery Services in EDs pilot – Virginia Hospital and Healthcare Association Foundation
  - The Office of the Attorney General has approved the Settlement agreement.
  - Waiting for final approval and signatures
  - Next Steps:
    - Continue reallocation plan
    - Post notice of award for Subaward RFA



### Projects in Development

## **Subaward Applications**

- Fifteen applications were received
- Team has scored applications and forwarded documentation to Procurement and Contract Management
- Awards will be announced as soon as possible



## **Projects Underway**

- Needs assessment: VCU Department of Health Behavior and Policy
  - Continuum of care needs assessment
  - ARTS member surveys and interviews
  - Buprenorphine-waivered prescriber analysis and survey
- Brightspot assessment: VCU Wright Center
  - Training pre/post-test implemented take part for your chance to win an Amazon gift card!
  - Project ECHO opportunities
  - Data visualization HealthLandscape in development
  - Brightspot Analysis



### **Projects Underway**

- Policy Landscape Analysis analyze policy options for Virginia in response to changes introduced by the SUPPORT Act
  - Manatt Health and State Health Partners continue to meet with workgroups and interview stakeholders to inform policy landscape
  - Deep dive into telehealth policies, post-discharge planning, treatment gaps
  - Upcoming workgroup schedule:
    - December and January Benefits and Cost Sharing



### **Projects Underway**

- SUMS Project Substance Use Disorder, Medicaid, and the Criminal Justice System
  - Contract lead: Health Management Associates (HMA)
  - HMA is currently working on literature review and environmental scan as well as developing a timeline for the demonstration
  - Grant team and HMA are working with DOC and related partners on demonstration site selections – two DOC facilities and two local/regional jails.

#### Winter Webinars:

Monday, December 14, 2020	1:00 PM - 2:00 PM	Opioids & Stimulants Overview	Paul Brasler
Tuesday, December 15, 2020	10:00 AM - 11:00 AM	Trauma-Informed Care	Paul Brasler
Tuesday, December 22, 2020	10:00 AM - 11:00 AM	Opioids & Stimulants Overview	Paul Brasler

Full webinar Schedule: <a href="https://www.dmas.virginia.gov/#/artssupport">https://www.dmas.virginia.gov/#/artssupport</a>
Under the "Information" banner.



# ENHANCEMENT OF MEDICAID BEHAVIORAL HEALTH SERVICES

Advancing Proactive, Evidence-Based Solutions

December 14th, 2020







## PRESENTERS TODAY

Laura Reed, LCSW

Acting Behavioral Health Senior Advisor,

DMAS



## **Enhanced Behavioral Health Services for Virginia**

### Vision

Implement fully-integrated behavioral health services that provide a full continuum of care to Medicaid members. This comprehensive system will focus on access to services that are:



Quality care from quality providers in community settings such as home, schools

and primary care



#### **Evidence-Based**

Proven practices that are preventive and offered in the least restrictive environment.



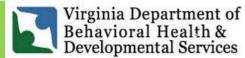
#### **Trauma-Informed**

Better outcomes from best-practice services that acknowledge and address the impact of trauma for individuals

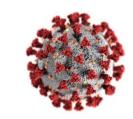


#### **Cost-Effective**

Encourages use of services and delivery mechanism that have been shown to reduce cost of care for system



## **BH Enhancement Timeline May 2019-Nov 2020**



Stakeholder Implementation Workgroups Mercer Rate Study & Fiscal Impact Analysis Interagency Prioritization and Alignment Efforts

**CORONAVIRUS** 

IMPLEMENTATION REVISION

20+ meetings 100+ stakeholders 5 workgroups (4 service specific) to inform rate study Assumptions for Rate Development/Fiscal impact with stakeholder workgroup input: Report Publicly available Jan 2020 Presentation of rates and assumptions to stakeholders: December 3, 2019

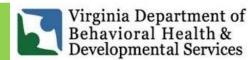
Made it into Budget following 2020 GA Workforce needs analysis Alignment with other key initiatives Licensing analysis

Un-Allotment of Funding

Pivot to COVID-19 Response and Service Flexibilities Considered Feasibility Factors:

- Resources
- Staffing
- Timeline





## **Enhancement Brings Alignment Across Initiatives**

BH Enhancement Leverages Medicaid Dollars to Support Cross-Secretariat Priorities

## **Enhancement & Family First Prevention Services Act**

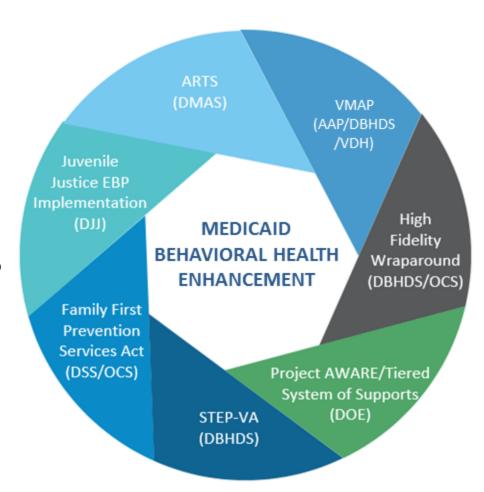
Focused on workforce development, evidence-based programs, prevention-focused investment, improving outcomes, and trauma informed principles

## **Enhancement & Juvenile Justice Transformation**

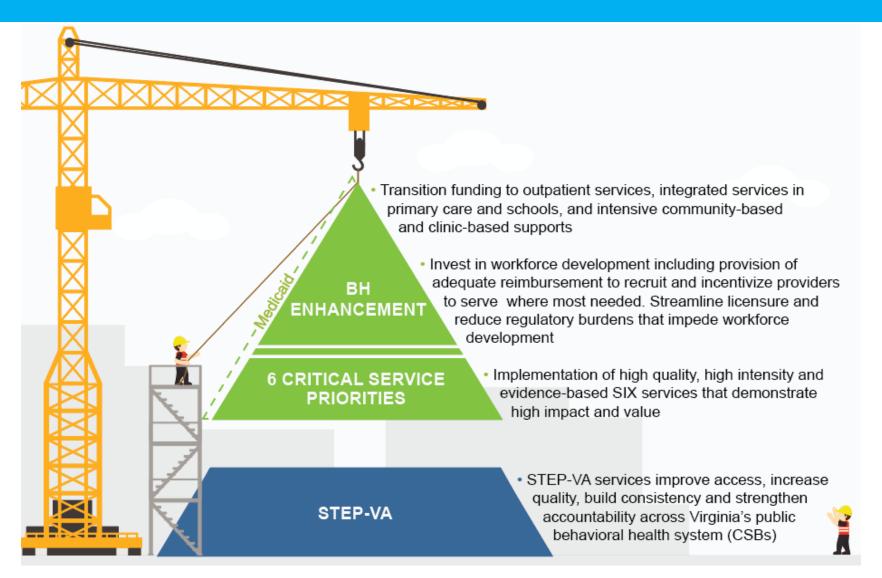
Supports sustainability of these services for the provider community, particularly in rural settings who have struggled with maintaining caseloads and business models when dependent on DJJ or CSA

## **Enhancement & Governor's Children's Cabinet on Trauma Informed Care**

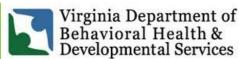
BH Enhancement continuum is built on traumainformed principles of prevention and early intervention to address adverse childhood experiences



#### **Enhancement of Behavioral Health and STEP-VA**







## **Enhancement of Behavioral Health Services: Current Priorities Explained**

What are our top priorities at this time?

Implementation of *SIX* high quality, high intensity and evidence-based services that have demonstrated impact and value to patients

Services that currently exist and are licensed in Virginia **BUT** are not covered by Medicaid or the service is not adequately funded through Medicaid

Partial Hospitalization Program (PHP)

Intensive Outpatient Program (IOP)

Program of Assertive Community Treatment (PACT)

Comprehensive Crisis Services (Mobile Crisis, Intervention, Residential, 23Hr Observation) Multi-Systemic Therapy (MST)

Functional Family Therapy (FFT)

Why Enhancement of BH for Virginia? 

✓

- Provides alternatives to state psychiatric admissions and offers step-down resources not currently available in the continuum of care, which will assist with the psychiatric bed crisis
- Demonstrated cost-efficiency and value in other states



## **Enhancement of Behavioral Health Services**

## **ORIGINAL** Governor's Budget 2020 Funding Summary: DMAS

	FY2021	FY2022
General Fund	\$3,028,038	\$10,273,553
Non-General Funds	\$4,127,378	\$14,070,322
TOTAL FUNDS	\$7,155,416	\$24,343,875



Multi-Systemic Therapy Functional Family Therapy Assertive Community Treatment

#### **Implementation July 2021**

Comprehensive Crisis Services
Partial Hospitalization
Intensive Outpatient





## **Enhancement of Behavioral Health Services Special Session 2020: REVISED FUNDING**

	a ICu.	Fiscal Year 21-22
General Fund	8,038	\$10,273,553
Non-General Funds	\$4,12	\$14,070,322
TOTAL FUNDS		\$24,343,875



## **Enhancement of Behavioral Health Services Special Session 2020: Revised Implementation VERSION 1**

	Fiscal Year 21-22
General Fund	\$10,273,553
Non-General Funds	\$14,070,322
TOTAL FUNDS	\$24,343,875

\*This does include funding for ALL of the services, just for what was estimated for the second year of implementation (which reflected a ramp up over time)



## **Enhancement of Behavioral Health Services Special Session 2020: Revised Implementation VERSION 2**

	Fiscal Year 21-22
General Fund	\$10,273,553
Non-General Funds	\$14,070,322
TOTAL FUNDS	\$24,343,875

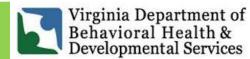
#### **Implementation July 2021**

Assertive Community Treatment
Partial Hospitalization
Intensive Outpatient Programs

#### **Implementation** *December* 2021

Multi-Systemic Therapy
Functional Family Therapy
Comprehensive Crisis Services
(23 hour beds, Residential Crisis,
Community Based Stabilization,
Mobile Crisis Intervention)





## **Enhancement of Behavioral Health Services Governor's Budget Funding Summary: DBHDS**

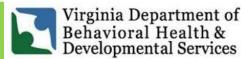
UN-ALLOTTED, NOT RE-INSTATED AT THIS TIME	FY 2021 GF	FY 2022 GF
Train workforce in preparation for behavioral health enhancement - Provides \$1.0 million general fund in FY 2021 and \$1.2 million general fund in FY 2022 to conduct a behavioral health workforce study, create infrastructure for evidence based practice in behavioral health, and to educate the behavioral health workforce regarding changes in the behavioral health delivery system.	\$1,025,815	\$1,215,315
Align DBHDS licensing with Medicaid behavioral health services (Language Only) - Permits DBHDS to promulgate emergency regulations related to the licensing of services impacted by the enhancement of Medicaid behavioral health services included in the introduced budget.	\$0	\$0



## §1115 Serious Mental Illness Waiver Opportunity



- DMAS already has <u>§1115 ARTS waiver</u> which allows Substance Use Disorder (SUD) residential and inpatient treatment and also required implementation of an ASAM Continuum of Care.
- A new <u>CMS SMI 1115 Waiver</u> is available that would infuse new federal dollars replacing GF funds currently used to pay for some TDO's. The 1115 waiver would allow federal funds to pay for adult inpatient psychiatrics hospitalizations and psychiatric residential treatment benefit creating new capacity and alternatives to TDOs
- The SMI 1115 is different from ARTS because DMAS must first implement Behavioral Health Enhancement to demonstrate <u>availability</u> of a comprehensive continuum of <u>evidence-based</u> community mental health <u>services prior to</u> an 1115 waiver application.
- Could result in GF savings state psychiatric hospitals could bill Medicaid (at 90% federal match/10% provider assessment for expansion and 50/50 for traditional) instead of using 100% GF dollars



#### Enhancement In the Time of Covid-19

Establishment of BH Enhancement as Agency Priority

Evidenced-Based
Practice Center
Efforts

Establish Health
Services
Initiatives to
support
enhancing
services



Medical Necessity Criteria

> State Plan Amendments

Training Brainstorms

BHE Advisory
Meeting GA
Mandate



SMI Innovation
Accelerator
Program
Dashboards

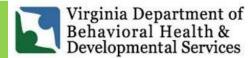
Internal
Dashboard
Template
Development

1115 SMI WAIVER

**GA Report** 

Throughout this process, we commit to continued interagency partnership with DBHDS as well as continued alignment efforts with DSS-DOE-DJJ-DOC





## **Next immediate steps**

- Stakeholder WebEx: December 11<sup>th</sup>, 2020
  - Will be posted to website and youtube
- MCO Resolutions Panel: December 17<sup>th</sup>, 2020
  - Initial meeting of this panel that conforms to mandated budget language
- General Assembly Session
  - External workgroups will pause during this time

Thank you for your partnership, support and participation.

Additional Questions?

Please contact us at: Enhancedbh@dmas.virginia.gov





## MEDICAID DATA ANALYSIS: NALOXONE ACCESS

Trenece Wilson
SUPPORT Act Grant Policy Planning Specialist
Virginia Department of Medical Assistance Services

#### Disclaimer

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## **Acknowledgements**

Special thank you to John Palmieri and the DMAS Office of Data Analytics



### **Analysis Aim**

- The purpose is to examine Medicaid member access to Naloxone
  - Specific focus on member access to Standing Order Naloxone Claims



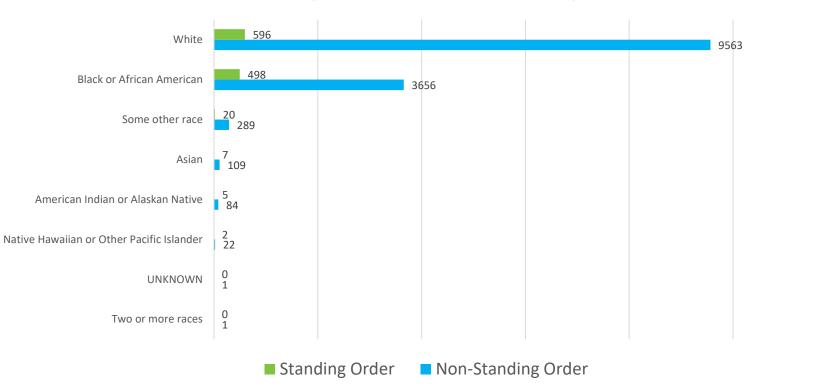
## **Data Description**

- Medicaid data from January 1, 2019 December 31, 2019
- 2019 Medicaid Claims data
  - 1,525,871 distinct members
- 2019 Medicaid Naloxone Claims data
  - Data was subset to examine pharmacy claims
  - Standing Order Claims is defined a claims prescribed by the Virginia Department of Health Commissioner



# **Demographics**

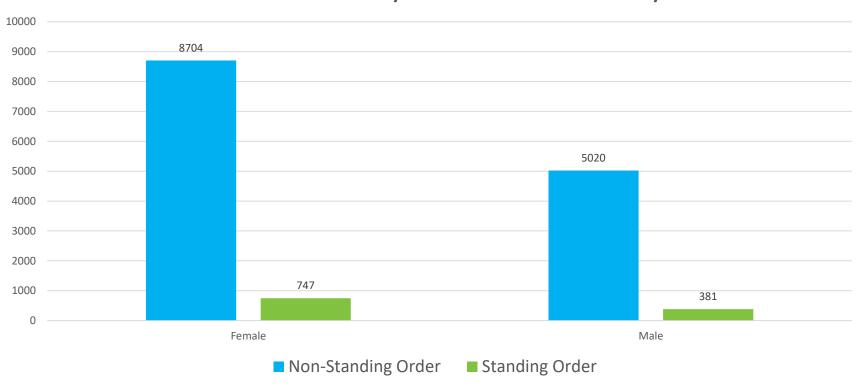
## Pharmacy Naloxone Claims by Race





# **Demographics**

## Medicaid Pharmacy Naloxone Claims by Sex





# **Demographics**

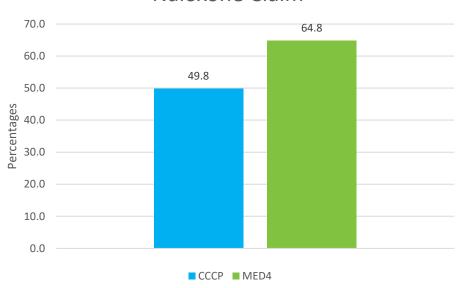
## Medicaid Naloxone Claims by Region



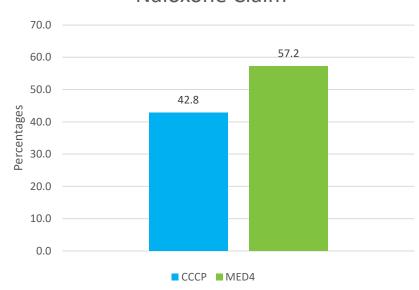


## **Naloxone MCO Claims**

MCO Non-Standing Order Medicaid Naloxone Claim

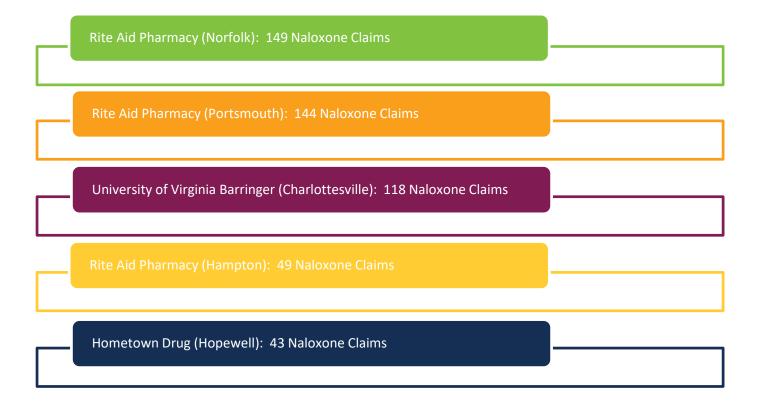


### MCO Standing Order Medicaid Naloxone Claim





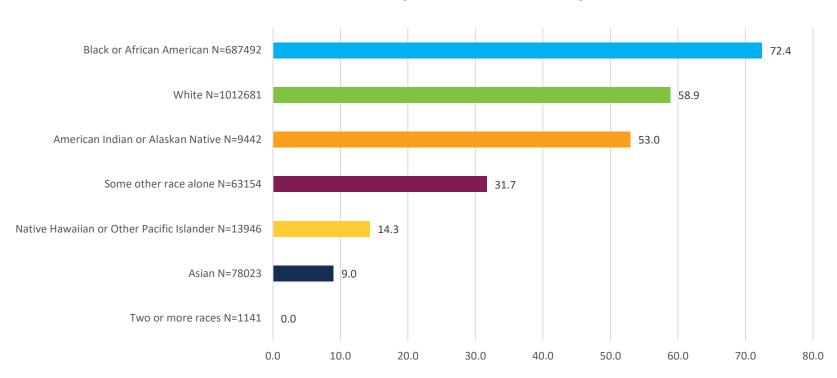
# **Standing order Pharmacies**





## **Standing order Naloxone Claims**

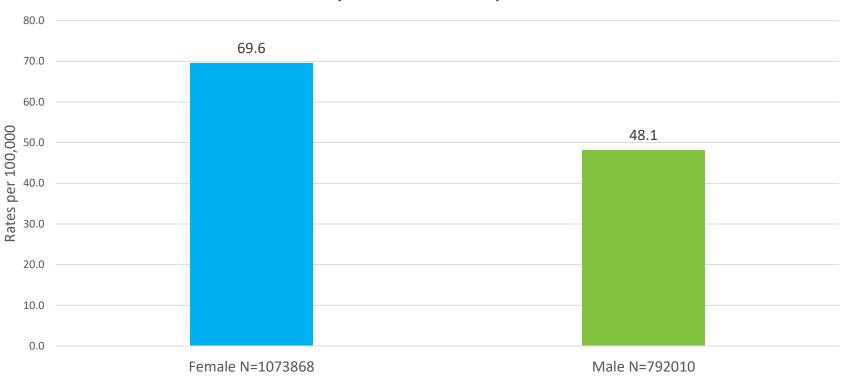
# Standing Order Naloxone Claims for Medicaid members by Race, Rates per 100,000





# **Standing order Naloxone Claims**

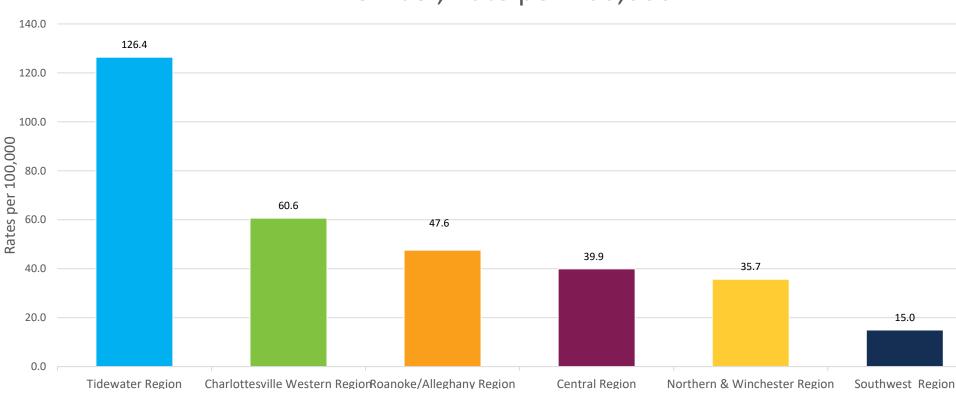
# Standing Order Naloxone Claim for Medicaid members by Sex, Rates per 100,000





## **Standing order Naloxone Claims**

# Regional Standing Order Naloxone Claims for Medicaid member, Rate per 100,000





### Conclusion

- White and Female members have a larger number of Naloxone claims over all
  - Asian, American Indian, and Hawaiian members claims are substantially lower
- MED4 Medicaid members and African Americans are taking advantage of the standing order for Naloxone at higher rates
- Naloxone Claims are the highest in the Tidewater and lower in the Southwest Region
  - Standing Order Claims were relatively low in the Roanoke and Alleghany Region
- Many of the Naloxone claims in the Tidewater Region are from a common pharmacy company



# **QUESTIONS?**

Please contact me at:

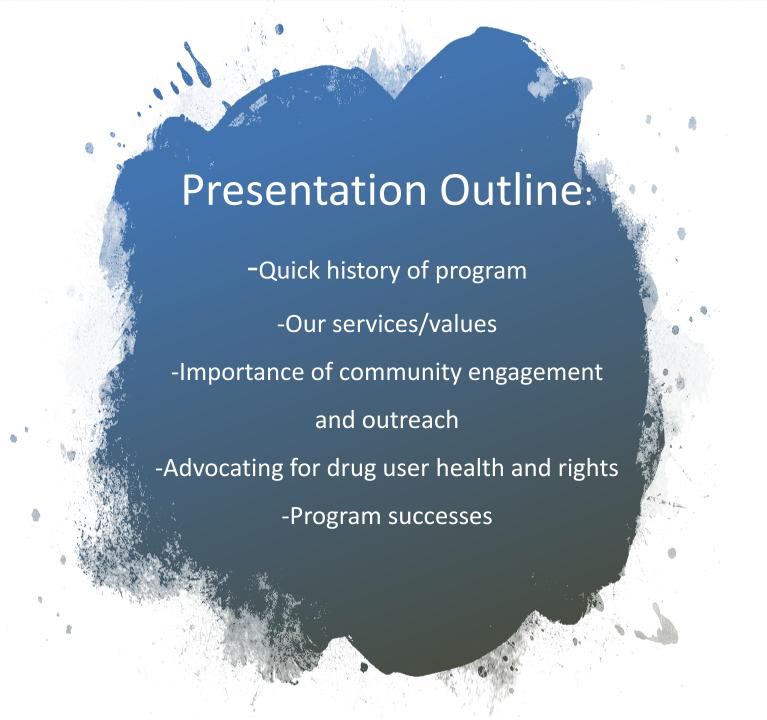
Trenece.wilson@dmas.virginia.gov

Or

SUPPORTgrant@dmas.virginia.gov







# Health Brigade Needle Exchange History

Legislation Approves Comprehensive Harm Reduction Programs

Health Brigade begins needle exchange and harm reduction services

Creation of Community Advisory Board New legislation gives participants immunity from arrest for paraphernalia possession/Expansion of Good Samaritan Law

June-Oct. 2018

August 2019

**June 2020** 

2017

Oct. 2018

February 2020

**July 2020** 

Program
Design/Grants/Applicati
on/Outreach

Needle Exchange commences mobile exchange Adds new site in North Side Richmond neighborhood

# We are the Drug Policy Alliance.

- By implementing syringe programs now, Virginia may be able to avoid public health crises like the 2015 HIV outbreak in Scott County, Indiana, in which a lack of access to harm reduction resources like syringe access contributed to over 200 new cases of HIV (whereas Scott County typically only saw 5 HIV cases per year).
- An analysis by the Centers for Disease Control and Prevention (CDC) found that eight Virginia counties (Buchanan, Dickenson, Russell, Lee, Wise, Tazewell, Patrick and Wythe) are at risk of an outbreak similar to Scott County, Indiana.
- Virginia already has seen a spike in hepatitis C cases: in 2014, more than 6,600 cases were reported to the Virginia Department of Health and in 2015 more than 8,000 cases were reported. This significant rise in blood borne pathogens could signal a spike in HIV on the horizon as well.

PRESS RELEASE

# Governor Terry McAuliffe Legalizes Syringe Access Programs in Virginia

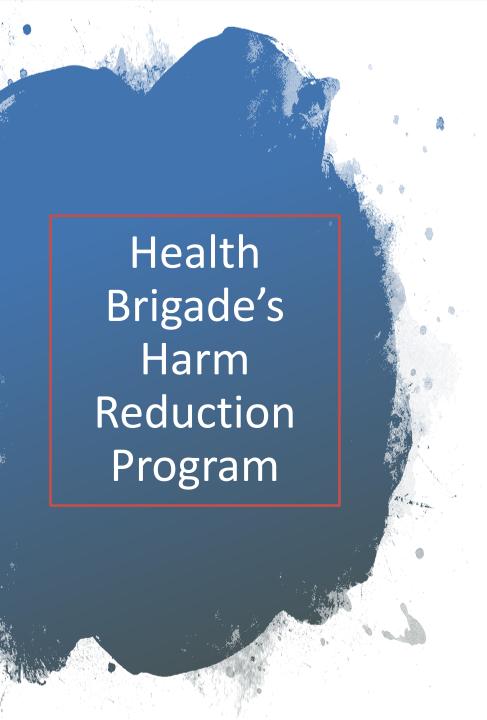




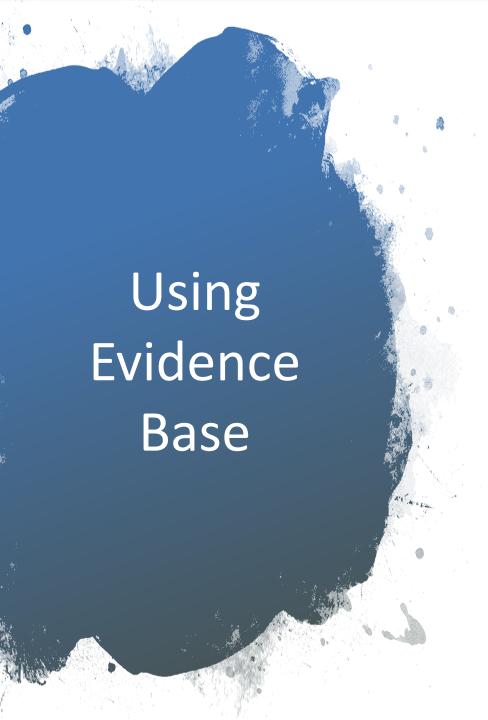




Thousands of Lives Will Be Saved by Reducing HIV and Hepatitis C



- Offers safer using education, syringes, cookers, filters, alcohol swabs, sterile water, tourniquets, clean straws, fentanyl test strips, education on safer smoking, SHARPS containers, and wound care kits
- HIV and Hep C testing
- Referrals/navigation to insurance, MAT, substance use treatment, medical care, MH care, PREP, and other requested services
- Naloxone (Narcan) training and dispensing
- Substance Abuse Counselor, Mental Health Professional, and a Peer Recovery Coach available
- All services are free and confidential
- Harm Reduction courses in local jails and prisons



### **Harm Reduction**

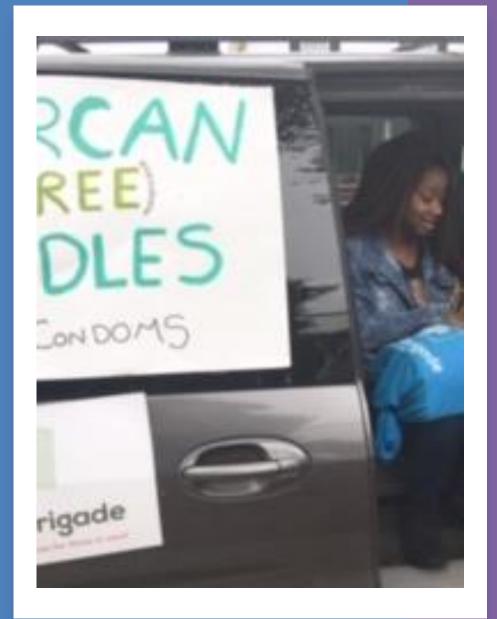
- Harm Reduction Programs, also referred to as Needle Exchanges or Syringe Access Programs are part of a public health strategy. They are evidence-based and prevents the spread of HIV/AIDS, and hepatitis C among persons that inject drugs, their families, and the larger community. Harm Reduction is a comprehensive approach to working with people at higher risk in relation to HIV, substance use, and sexual behaviors. Harm Reduction Programs see the following successes:
- Program participants are 5 times more likely to enter treatment for substance use disorder
- Reduces the risk of needle-stick injuries to first responders
- Reduces overdose deaths
- There is no evidence that harm reduction programs increase drug use or crime

# Community Engagement

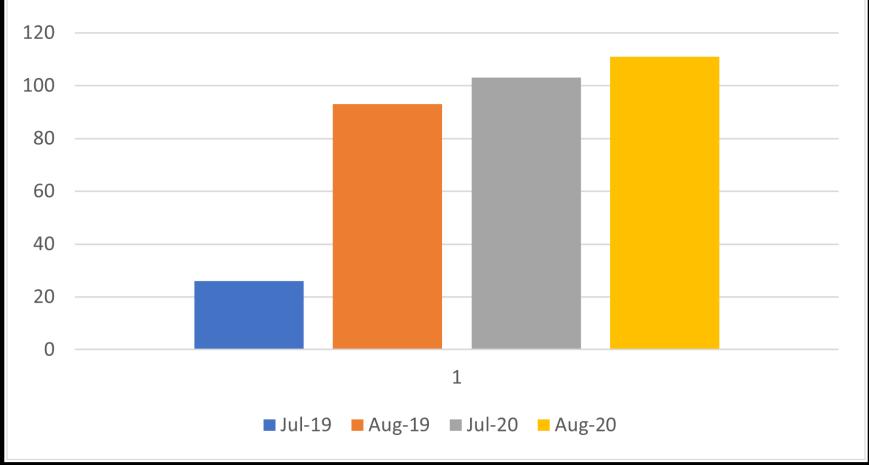
- CHR team started reaching out to substance use community 5 months prior to opening
- Direct referrals to SUD Providers
- Started outreach prior to opening doors (Health Brigade is historically a community based provider)
- Sit on Opioid Overdose Task Force and COVIDspecific Task Force
- Unlikely allies- churches, peer-recovery spaces,
   treatment providers, reentry organizations

# Mobile CHR and Outreach

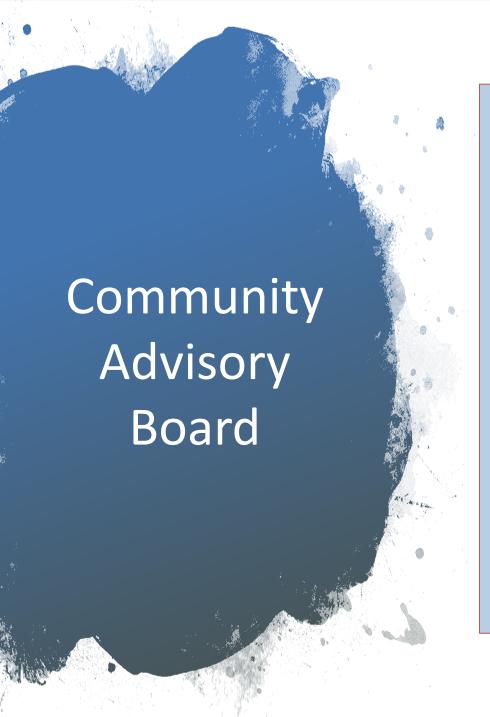
- -Targeting communities most impacted by opioid overdose, mobile programing has literally reached our clients where they are providing services in the most needed communities.
- -These areas are predominantly black
- Importance of providing access to communities and folks impacted the most under the war on drugs
- Syringe clean up and backpacking supplies
- Increase participation







Participation Before/After Mobile



- Started in January 2020
- 6-8 members
- Informs operations, materials provided, services offered
- Creates connection with participants
- Compensates them for their time and expertise
- Peer-led, from different locations in greater Richmond area
- Offers a place for participants to talk about use in judgmentfree space

# **Education and Resource Materials**



### COMMUNITY RESOURCE GUIDE



### MEDICAL/HEALTHCARE

Medicaid Expansion Line-Call to see if you qualify for Medicaid: (855)242-8282

### -Free or low-cost clinics-

Daily Planet 517 West Grace St. Richmond, VA 23220 (804) 783-2505\*For Dental Care call (804) 783-0678 to register and make an appointment

Cross Over Health Care Ministry (Se Habla Español) 8600 Quioccasin Rd, Richmond, VA 23229 (804) 622-0803

Health Brigade (formerly Fan Free Clinic)- 1010 North Thompson St. Richmond, VA 23230 (804) 358-6343 Medical, Testing, Mental Health Counseling, Trans Health

### -Hepatitis C Care-

VCU Hep Department (804) 828-0966-or call (804) 828-0966 for registration

VCU Motivate-501 N. 2<sup>nd</sup> St. Suite #100 Richmond, VA 23219 (804) 828-9452 (only for those on MAT)

Bon Secours, St. Mary's Hospital (804) 977-8920 or (804)281-8365 for registration

Daily Planet 517 West Grace St. Richmond, VA 23220 (804) 783-2505

South West, Virginia-UVA has a tele-med program for individuals that are HEP C positive: Contact Terry Knick (434) 924-5470

-HIV Care-

### HOUSING/HOMELESSNESS

Feed More Hunger Hotline- (804) 521-2500 Call to find out the closest food pantry to you. 1415 Rhoadmiller St. Richmond, VA (will provide one time bag of groceries 9am-3:30pm)

Housing Crisis Line- (804) 972-0813 resources and shelter alternatives for those who are three days or less away from losing their housing.

Commonwealth Catholic Charities Housing Resource Center- (804) 648-4177 resources for those experiencing homelessness/Walk-in hours 8:30-1 M-F 809 Oliver Hill Way Richmond, VA 23219

First Baptist Church hot showers: Mondays & Wednesdays 10-11:30am 2709 Monument Ave. Richmond (804) 355-8637

### -Naloxone/Narcan-

Richmond City Health District 400 East Cary St. Questions contact (804) 205-3730

Health Brigade Needle Exchange (804)358-6140

### **EMPLOYMENT**

Richmond Community Employment Center at Goodwill Assistance with resumes and job searches. 6301 Midlothian Turnpike Richmond, VA 23225 (804) 521-4918

HumanKind Financial education that includes

### SUBSTANCE-USE RESOURCES

Dailey Planet 517 West Grace St. Richmond, VA 23220 (804) 783-2505

VCU Motivate-501 N. 2<sup>nd</sup> St. Suite #100 Richmond, VA 23219 (804) 828-9452

RBHA 107 S 5th St, Richmond, VA 23219 (804) 819-4000-Drop-in Mondays 8-2pm & Tue-Fri 8-3pm.

FCCR- Radford 4906 Radford Ave. Richmond, VA 23230 (804) 354-1996

Never Use Alone Hotline- Confidential Operators stay on the phone with you while you use in case of an overdose. (800) 484-3731

Peter's Place- (804) 539-2507 We are a local LGBTQIA+ recovery organization seeking to provide safe sober housing, resources, and support.-

### Needle Exchange-

Health Brigade 1010 N. Thompson St. Richmond, VA 23230 (804) 358-6140 On-site: MON:5-8pm TUE: Mobile Eastside 12-3pm WED: Mobile Northside 12-3pm THUR: Mobile Southside 12-3pm. Free and confidential.

Council of Community Services- drop in/mobile syringe exchange 2328 Williamson Rd, #1 Roanoke, VA. 540-904-7254

### -Support Groups-

Full Circle Grief Support (804) 912-2947 10611

# News and Legislation

### **Comprehensive Harm Reduction Programs**

Chris Atwood Foundation | Virginia Harm Reduction Coalition

Comprehensive Harm Reduction programs (CHRPs) have been studied for more than 30 years and operate in 39 states, DC, and Puerto Rico.



CHRPs save lives by lowering the likelihood of fatal overdose.



Participants are 5 times more likely to enter treatment.



Law enforcement benefits from reduced risk of needlesticks, no increase in crime.



Areas with programs see an 80% decrease in HIV infections and a 50% decrease in Hepatitis C.



Programs have a return on investment of \$7.58 for every \$1 spent. The 1-year return on investment for Philadelphia was \$243.4 M, and Baltimore \$62.4 M.

### The Problem:

- · Overdose fatalities and HCV rates continue to rise in the Commonwealth.
- Virginia has only 4 approved CHRPs serving approximately 500 of the 25,000 people in need (2%).
- In contrast, North Carolina's programs served nearly 10,000 people last year, and distributed 70,000 doses of naloxone, the opioid overdose reversal medicine.
- Virginia's current CHRP law only allows programs in certain localities and requires organizations to navigate a burdensome approval process.
- Virginia's current CHRP law expires on June 30, 2020.

### The Solution:

- Model legislation after North Carolina, which allows organizations to operate CHRPs that are regulated by the Department of Health.
- The language proposed would allow VDH to continue funding programs that fit their application process while permitting organizations who find their own funding to operate, providing more access to life-saving services throughout the Commonwealth.





ou are invited to visit our new space and to see our

### DEC 4, 2019 5:30 - 7PM

1010 N. Thompson Street, Richmond, VA 23230 (Please park and enter in back of building.)

RSVP to Emily at ewesterholm@healthbrigade.org

Program Overview 5:30 - 6PM Tours 6 - 7PM

Light Refreshments Served



### International **Overdose Awareness Day**

In honor of International Overdose Awareness Day

### Thursday, August 29th 3-6pm at Luck's Field/Park in Church Hill

Providing HIV Testing & Naxolone Training & Distribution



Do you know the face of overdoze?





RICHMON HEALTH D m m

# COVID RESPONSE-Harm Reduction has many forms

- -Hand Sanitizer
- -Masks
- -Food and Water
- -Education on COVID and testing referrals
- Narcan and OD reversal training
- Condoms
- Snort kits





# October 15,2018-present

- Served over 1300 participants
- 35% of our participants identify as female
- 41% of our clients identify as being POC (Persons of Color)
- Linked over 1000 participants to Naloxone
- Our participants report reversing 800+ **overdoses** since we starting recording in March 2019.
- Refer participants to substance use treatment at providers that provide individualized treatment
- Link participants to Medicaid
- Passed out 1000+ masks and other PPE in COVID response
- Offer snort kits for alternative uses and community engagement
- Provide pads and tampons to all that need it
- Started Community Advisory Board
- Hired Peer to team

# **Questions?**

Emily Westerholm, CSAC
Program Coordinator
(804)358-6140
ewesterholm@healthbrigade.org

Colin King, MSW
Program Associate
(804) 358-2437
<a href="mailto:cking@healthbrigade.org">cking@healthbrigade.org</a>



### **Richmond Program Open:**

Monday 5-8pm (on-site) Tuesdays 12-3pm (Eastside mobile) Wednesday (Northside Mobile) Thursdays 12-3pm (Southside mobile)

# **BREAK TIME!**

Please take a short – five minute – break



# Comprehensive Harm Reduction (CHR)

Tammy C. Bise, M.Ed. Human Services Program Specialist Mount Rogers Health District

# What is Comprehensive Harm Reduction?

- CHR is a culmination of public and behavioral health strategies designed to decrease negative impacts caused by the use of substances, on individuals and their communities.
- Prevents disease and other negative consequences resulting from drug use.
- Meets individuals "where they are" while empowering them to see their potential and enter into recovery when they are ready.

CHR encompasses an understanding that society cannot arrest their way out of an epidemic.

# What CHR does <u>NOT</u> do!



- ► CHR does not increase drug use or create new injectors
- ► Increase crime rates
- Increase discarded needles in public settings
- Give individuals "permission" to use illegal drugs

# What Comprehensive Harm Reduction <u>CAN</u> do!

- Prevent HIV, HBV, and HCV
- Reduce fatal overdoses by providing REVIVE training and Naloxone distribution
- ✓ Increase entry to into drug treatment
- ✓ Facilitate referrals and linkages to housing, mental health services, health insurance, and other resources in the community
- Reduce needle stick injuries to first responders
- Remove used syringes from circulation and inappropriate disposal
- Provide testing and treatment referrals for HIV, HBV, HCV, and STIs
- Reduce occurrences of endocarditis and abscesses



# Smyth County CHR Program

- Opened December 2018 and the first participant started in January 2019
- Currently have 220 Participants
- Helped individuals enter into recovery
- ▶ 20% prior Hepatitis C positive
- ▶ 100% with Hepatitis C referred for treatment
- A few have been cured
- ▶ 91% Syringe Return Rate
- 5,908 syringes returned in October 2020

- ▶ Last Quarter (July-September):
  - ▶ 222 visits
  - ▶ Dispensed 40 Narcan
  - ▶ 23 overdose reversals
  - ▶ 7 Tested
  - ▶ 25 Hep A Vaccines
  - ► 15,448 syringes returned at a 86% return rate

# Smyth County

- Fixed site with an exchange room
- Program rules & regulations
- CHR Supplies
- Best Practices
- COVID-19 changes
- Peer Support Services
- Case Management activities
- Linkages and Referrals



# Community Support



# PEER RECOVERY RESOURCES & UPDATES

Adam A. Creveling, MSW, CPRS

Adam.creveling@dmas.virginia.gov



# **Peer Recovery Resources**

## **Statewide Landscape Review on Peer Services**

- 50-State Scan: How Medicaid Agencies Leverage their Non-Licensed Substance Use Disorder Workforce: <a href="https://www.nashp.org/wp-content/uploads/2019/11/SUD-Scan-findgs-final-11.21.19.pdf">https://www.nashp.org/wp-content/uploads/2019/11/SUD-Scan-findgs-final-11.21.19.pdf</a>
- Recovery Support Services for Medicaid Beneficiaries with a Substance Use Disorder: <a href="https://www.macpac.gov/wp-content/uploads/2019/07/Recovery-Support-Services-for-Medicaid-Beneficiaries-with-a-Substance-Use-Disorder.pdf">https://www.macpac.gov/wp-content/uploads/2019/07/Recovery-Support-Services-for-Medicaid-Beneficiaries-with-a-Substance-Use-Disorder.pdf</a>
- Review of Peer Support Specialist Trainings Comparison of Virginia and Other State Processes:
  - https://static1.squarespace.com/static/5cd33914797f74080d793b95/t/5f85c4e2425a4054568e3dfc/1602602213007/Review+of+Peer+Support+Specialist+Trainings\_FINAL.pdf



# **Peer Recovery Resources Continues**

## **Infrastructure Technical Assistance**

- Peer Support toolkit: <a href="https://www.opioidlibrary.org/wp-content/uploads/2020/10/PCCI">https://www.opioidlibrary.org/wp-content/uploads/2020/10/PCCI</a> Peer-Support-Toolkit.pdf
- Core Competencies for Peer Workers in Behavioral Health Services:
   https://www.samhsa.gov/sites/default/files/programs campaigns/brss tacs/cor
   e-competencies 508 12 13 18.pdf
- Peer Workers in the Behavioral and Integrated Health Workforce: Opportunities and Future Directions:
  - https://www.sciencedirect.com/science/article/pii/S0749379718316374#bib25
- The Recovery Bill of Rights: <a href="https://facesandvoicesofrecovery.org/wp-content/uploads/2019/07/Recovery-Bill-of-Rights-legal.pdf">https://facesandvoicesofrecovery.org/wp-content/uploads/2019/07/Recovery-Bill-of-Rights-legal.pdf</a>



# **DMAS Stakeholder Peer Recovery Updates**

DMAS Stakeholder Peer Recovery Capacity Feedback

https://www.surveymonkey.com/r/H3DK9SC

Symposium Spring/Summer 2021

• We value your feedback and experiences!!

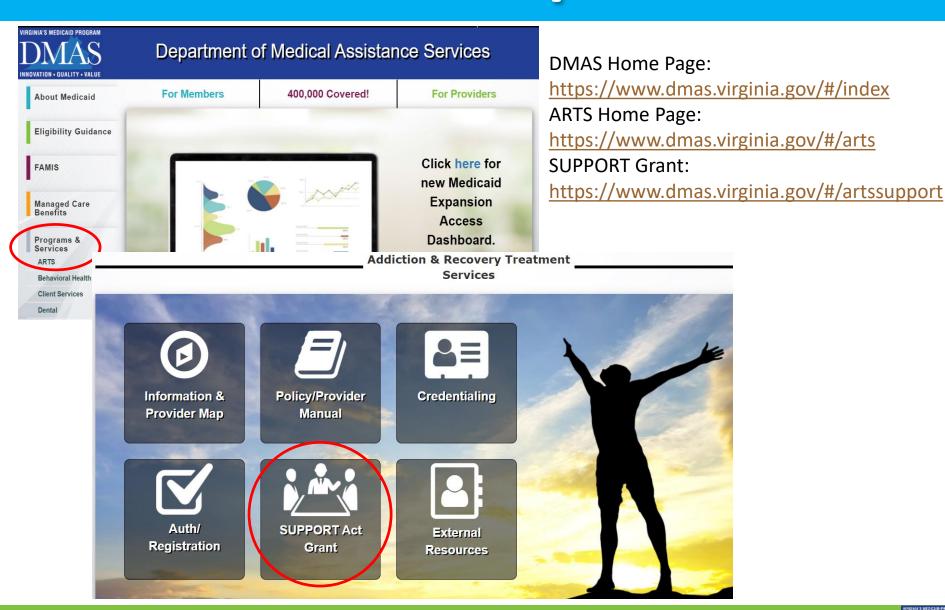


# **Questions and Answers**

Please unmute yourself or use the chat feature in WebEx to submit your questions.



# Website Update



# SUPPORT Act Grant Website - https://www.dmas.virginia.gov/#/artssupport

#### SUPPORT Act Grant Overview

The Virginia Department of Medical Assistance Services (DMAS) was awarded the Centers for Medicare & Medicaid Services SUPPORT Act Section 1003 Grant in September 2019. The purpose of this grant is to decrease substance use disorder (SUD) provider workforce barriers and increase the treatment capacity of providers participating under the state Medicaid program to provide SUD treatment or recovery services.

#### **Grant Goals**

- · Learn from Addiction and Recovery Treatment Services (ARTS) program
- · Decrease barriers to enter workforce
- Focus on specific subpopulations: justice-involved members and pregnant and parenting members
- · Maintain our core values: person-centered, strengths-based, recovery-oriented

#### **Grant Components**

- · Needs assessment
- · Strengths-based assessment
- · Activities to increase provider capacity

#### Period of Performance

September 2019 - September 2021

#### **Grant Email**

SUPPORTgrant@dmas.virginia.gov

#### Information

- · Virginia Medicaid Agency Awarded Federal Grant to Combat Opioid Crisis [pdf]
- · Summary of Virginia's SUPPORT Act Goals and Activities [pdf]
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#### Resources

- · UCSF National Clinician Consultation Center Warmline [pdf]
- . COVID-19 Resource Library [pdf]

## Monthly Stakeholder Meetings

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- May 2020 [pdf]
- · may 2020 [pui]
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- March 2020 [pdf]

#### Fall 2020 Webinars

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- . Slide Deck: How to Set Up a Preferred OBOT Webinar [pdf]
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# **General Resources**

- DMAS COVID-19 website
  - https://www.dmas.virginia.gov/#/emergencywaiver
  - Includes policy updates and other agency responses and information
- DMAS ARTS/SUPPORT Act website
  - https://www.dmas.virginia.gov/#/artssupport
  - SUPPORT 101 webinar series slide decks
  - Monthly Stakeholder Group slide decks
- SAMHSA COVID-19 Resource Page
  - https://www.samhsa.gov/coronavirus
  - Guidance for providers and OTPs
  - Policy updates and grant opportunities



## **Naloxone Resources**

- Get trained now on naloxone distribution
  - REVIVE! Online training provided by DBHDS
  - http://dbhds.virginia.gov/behavioral-health/substance-abuseservices/revive/lay-rescuer-training
  - https://getnaloxonenow.org/
    - Register and enter your zip code to access free online training
- Getting naloxone via mail
  - Contact the Chris Atwood Foundation
  - https://thecaf.acemlnb.com/lt.php?s=e522cf8b34e867e626ba19d229bbb1b0 &i=96A94A1A422
  - Available only to Virginia residents, intramuscular administration
- Medicaid provides naloxone to members at no cost and without prior authorization!
- Call your pharmacy before you go to pick it up!



# **Peer and Member Resources**

## Peers

- Virginia Peer Recovery Specialist Network
- https://virginiapeerspecialistnetwork.org/resources/

## Harm Reduction

- Virginia Department of Health Comprehensive Harm Reduction
- https://www.vdh.virginia.gov/disease-prevention/chr/

## Advocacy

- Substance Abuse Addiction and Recovery Alliance (SAARA)
- https://www.saara.org/
- VOCAL Virginia
- https://vocalvirginia.org/
- DBHDS Office of Recovery Services

http://www.dbhds.virginia.gov/office-of-recovery-services



# Hepatitis C and HIV Resources

## Hepatitis C

- Virginia Peer Recovery Specialist Network
- https://www.hepc.com/
- American Liver Foundation Hepatitis C Information Center
- https://liverfoundation.org/for-patients/about-the-liver/diseases-of-the-liver/hepatitis-c/
- Virginia Department of Health Treatment Assistance Program
- <a href="https://www.vdh.virginia.gov/disease-prevention/vamap/hepatitis-chiv-co-infected-treatment-assistance-program/">https://www.vdh.virginia.gov/disease-prevention/vamap/hepatitis-chiv-co-infected-treatment-assistance-program/</a>
- Virginia HEP C
- https://virginiahepc.com/find-treatment

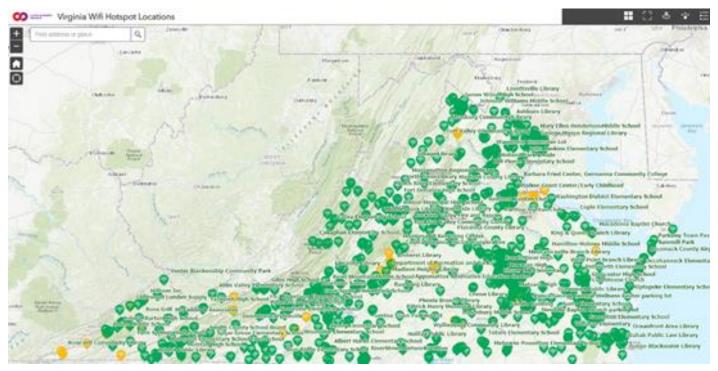
## HIV

- Centers for Disease Control and Prevention Resources for Persons Living with HIV
- https://www.cdc.gov/hiv/basics/livingwithhiv/resources.html
- Office of Women's Health HIV and AIDS Resources
- https://www.womenshealth.gov/hiv-and-aids/hiv-and-aids-resources
- Eastern Virginia Medical School Virginia HIV and AIDS Resource and Consultation Centers
- https://www.evms.edu/community/community\_training/hiv\_aids\_resource\_center/



# **Telehealth Resources**

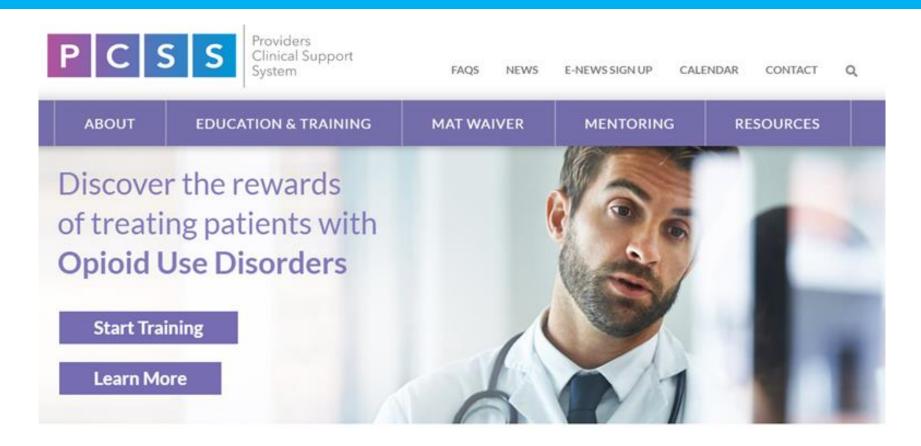
- Virginia Public Wifi Hotspot Map
  - https://virginiatech.maps.arcgis.com/apps/webappviewer/index.html?id= 825546b05bba47048470e1cfa7364de3 – updated regularly



- HHS Website Delivering Care Safely during COVID-19
  - https://www.hhs.gov/coronavirus/telehealth/index.html



# **Provider Resources**



While PCSS provides trainings on a broad range of substance use disorder treatments, its primary focus is on treatment of opioid use disorders (OUD). Opioids include a class of drugs often prescribed for pain—morphine, fentanyl, oxycodone, and hydrocodone—as well as illicit drugs, such as heroin. The Federal Drug Administration (FDA) has approved three medications for the treatment of OUD: methadone, buprenorphine, and naltrexone.



# **Provider Resources**



## Substance Use Warmline 9 am – 8 pm (ET), Monday – Friday

## 1.855.300.3595

Free and confidential clinician-to-clinician telephone advice focusing on substance use evaluation and management for primary care clinicians.

Consultants include addiction medicine-certified physicians, clinical pharmacists, and advanced practice nurses who are available to discuss options and approaches in clinical care, from the most common problems to particularly challenging and complex cases.

Learn more at http://nccc.ucsf.edu/clinical-resources/substance-use-management/

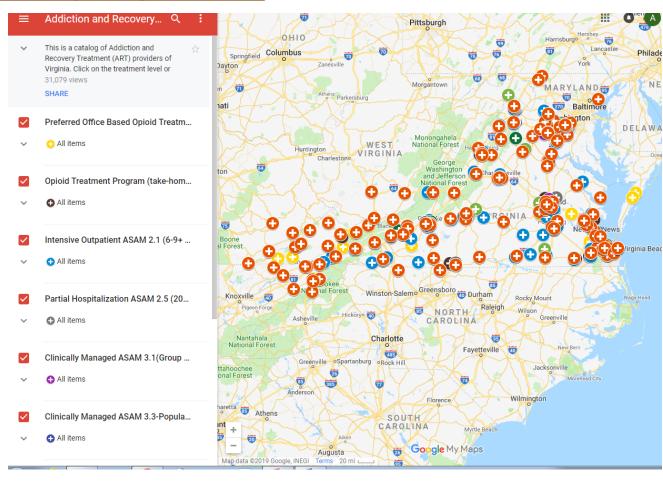


This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U10HA30039-01-00 (AIDS Education and Training Centers National Clinician Consultation Center) in partnership with the HRSA Bureau of Primary Health Care (BPHC) awarded to the University of California, San Francisco.

# Addiction and Recovery Treatment Services (ARTS) Background

Visit the DMAS ARTS website to locate providers with Google Maps: <a href="http://www.dmas.virginia.gov/#/arts">http://www.dmas.virginia.gov/#/arts</a>

New! Indicates if ARTS providers treat pregnant members





# Addiction and Recovery Treatment Services (ARTS) Contacts

## **ARTS Questions:**

- ARTS Helpline number: 804-593-2453
- Email: SUD@dmas.Virginia.gov
- Website: http://www.dmas.virginia.gov/#/arts

## **SUPPORT Act Grant Questions:**

SUPPORTgrant@dmas.virginia.gov

## **ARTS Treatment Questions:**

- SUD Behavioral Health: Paul Brasler
  - Paul.Brasler@dmas.Virginia.gov
  - 804.401.5241
- Addiction Medicine: SUPPORT Team
  - SUPPORTgrant@dmas.Virginia.gov



# Thank you for calling in!

Your participation in the Monthly Stakeholder meetings is vital to the success of the SUPPORT Act Grant in Virginia.

# **Next Meeting**

Wednesday, January 11, 2021

10:00 AM - 12:00 PM



# Want a copy of today's slides?

Stakeholder meeting slides will be posted on the SUPPORT Act Grant Website: https://www.dmas.virginia.gov/#/artstraining

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